AI for Physical Education Teachers

The **why, what, where, when** and **how** of using AI that every PE Teacher should know to help you teach better PE with less work!

A free eBook by PE Buddy

What's in this eBook?

AI is the most divisive, important and exciting technology that physical education has ever seen. Learn the why, what, where, when of AI and how it can help you teach exceptional PE with less work!

A.I is the key to teaching better PE with less work ...

Hey, I'm <u>Jamie</u>! I'm the founder of <u>PE Buddy</u> and a fully converted AI fanatic. After several years of teaching Physical Education (which, by the way, has got to be one of the best jobs ever), something new came along: Artificial Intelligence. At first, I tried to ignore this emerging tech, but my curiosity eventually got the best of me, and I decided to try ChatGPT—the OG of AI. (Sorry for all the acronyms, but that's half of teaching, right?) I IMMEDIATELY fell in love with it and had an epiphany: This will change the world. This will change the education system. This will change Physical Education. Here's why:
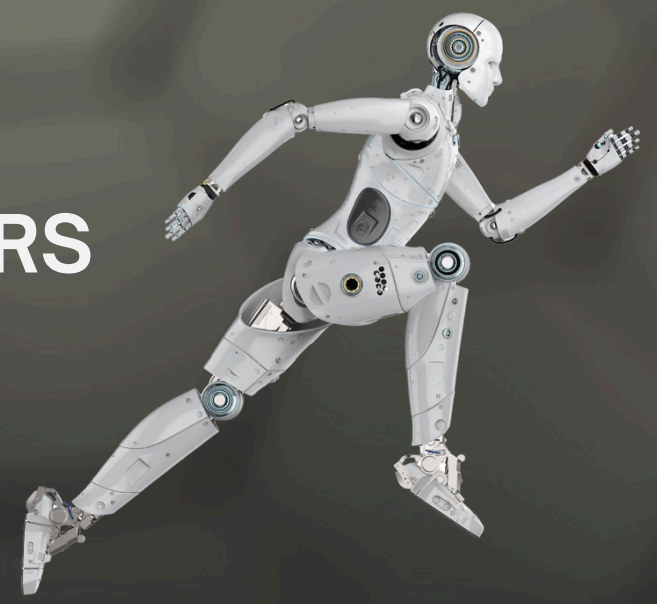
- ***IT OFFERS A SOLUTION FOR THE CURRENT TEACHING CRISIS***

- ***IT WILL HELP YOU TEACH BETTER PHYSICAL EDUCATION***

- ***IT WILL HELP YOU RESTORE YOUR WORK/LIFE BALANCE***

- ***IT IS FUN***

- ***IT IS NOT A PHASE, IT IS HERE TO STAY***

- ***YOUR STUDENTS ARE USING IT, GUARANTEED***

- ***YOUR SCHOOLS WILL START USING IT, GUARANTEED***

- ***IT WILL BECOME PART OF DAILY LIFE, GUARANTEED***

Now, there are a lot of bold claims and guarantees in there. So, how do I know all this? Because I've lived and breathed it for the last few years and seen the proof in the pudding. After years of sacrificing my nights, weekends, holidays and health to create resources, plan lessons, and do everything else required to be a teacher, I finally decided that enough was enough. With a new baby on the way, I dove headfirst into learning everything I possibly could about how AI could help me teach better PE with less work. And I'm about to share it all with you. So stay tuned, this could change your life.

Ps, here's a bit more about me, the random bloke in the terrible profile photo above who looks both exhausted *yet* buzzed on caffeine at the same time:

- *I'm from Australia!*
- *Husband and father*
- *Soccer addict, coffee addict, beach addict*
- *Completed my Bachelor of Exercise & Sport Science and then Master of Teaching with the Leadership Development Program through Teach for Australia*
- *Taught at 3 difference schools so far and have been Head of PE at 2 of them*
- *Founder of <u>PE Buddy</u> - with over 30,000 PE Teacher members, 1,000,000 views on YouTube with 250+ PE resources created and shared with the world so far*
- *I'm just an ordinary PE Teacher but I think we can do things better, don't you?*

CHAPTER 1

Why learn about AI?

AI is now the MOST important thing you need to learn as a PE Teacher. It has changed the game and you need it to win!

A.I. is a game - changer. And the 'game' needs changing!

Let's start with a brutally honest truth: teaching isn't what it used to be. Today, being a PE teacher means juggling a million roles - coach, counsellor, admin, mentor, data-analyst, parent liaison, event planner, lawn mower, and sometimes even referee to playground disputes. Sound familiar?

Now, let's be real. We didn't sign up for this gig to spend hours drowning in admin or writing lesson plans late into the night. You became a PE teacher because you're passionate about sport, health, and helping students ignite their own passion. But here's the kicker: that passion can only take you so far when your workload feels unmanageable.

Something is broken. Teachers are struggling. The system (or game) isn't changing.

You're not alone. Here are some cold, hard truths:
- 95% of teachers work overtime (National Education Association 2020)
- 42% clock over 60 hours a week (U.S. Department of Education 2022)
- Burnout is causing teachers to leave the profession faster than ever before (National Education Association 2022)

Let's face it: this pace is unsustainable. And while you might push through for your students, your own well-being—and eventually your teaching quality—takes a hit.
But here's where the good news comes in: AI can change the game.

Let's pause here.

I'm super passionate about sharing what I've learnt about AI with amazing PE Teachers like you, so I've tried to make it is easy as possible. I'd urge you to keep reading until the end of this free eBook, but here's some other alternative methods of drinking in the same information #differentiation

- Prefer videos? Watch a free webinar covering essentially the same information here
- This AI webpage should 100% be your next stop after reading this
- PE Buddy was created to make life easier for PE Teachers to teach better PE with less work, here's some more resources for you:
    - ChatGPE - our PE-specific AI tool
    - Videos
    - Online courses
    - Articles

ACTION STEP: Try ChatGPE free with a 7-day trial or get 70% off any Plan with code EBOOKDISCOUNT

PAGE 4

CHAPTER 1 - WHY LEARN ABOUT AI?

Why AI is Your New Best Friend.

Picture this: a 24/7 personal assistant who's always available, never gets tired, and can handle the boring, repetitive tasks for you. That's what AI brings to the table. It's like the ultimate team player, helping you:

- <u>Work Smarter, Not Harder</u> (it's not possible to work any harder, everyone's burnt out!)

AI can handle the heavy lifting of lesson planning, assessment creation, and even analysing student data. Want a lesson on reaction times that ties into biomechanical principles? AI can whip that up in seconds.

- <u>Reclaim Your Time</u> (we are human beings, not doings)

Imagine finishing work at a reasonable hour, spending more time with family, or actually having a life outside of school. AI can help you take back your evenings and weekends by automating the admin that eats up your time.

- <u>Deliver Next-Level PE</u>

By freeing up your time, you can focus on what you do best—engaging students, building their skills, and making PE the best part of their day. With AI as your sidekick, you can create tailored lessons and programs that blow their minds (and improve their fitness).

- <u>Stay Ahead of the Curve</u>

AI isn't a passing fad. It's here to stay, and the teachers who embrace it will lead the charge in transforming education. By learning to harness AI now, you'll position yourself as a forward-thinking educator and give your students the best possible experience.
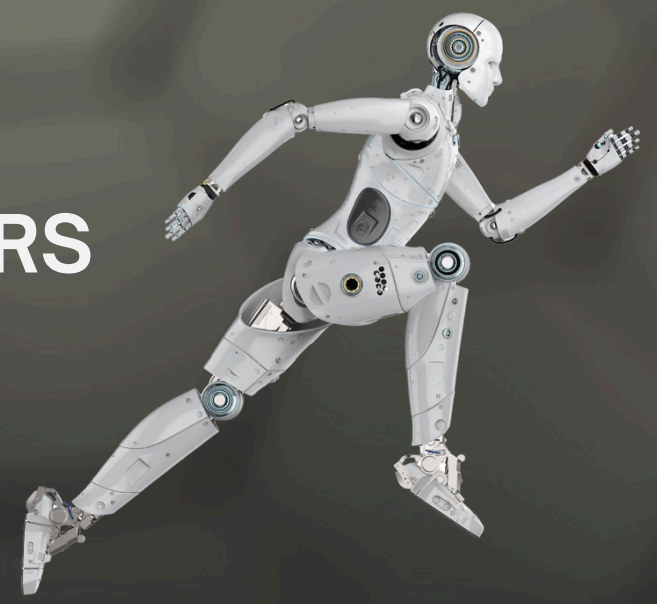
Why You Need This eBook

This isn't just another professional development resource gathering dust on your desk. This eBook is your blueprint to using AI to work less, teach better, and reignite the passion that got you into this profession in the first place. PE should be fun, right?

Think of it as your shortcut to:
- Delivering higher-quality PE lessons.
- Reclaiming your work-life balance.
- Staying on the cutting edge of teaching innovation.

Keep reading, and I'll show you exactly how to make it happen. This isn't just about surviving as a PE teacher—it's about thriving. Let's dive in to the nuts and bolts of this game-changing movement.

ACTION STEP: Grab a coffee and a note pad!

CHAPTER 2

What is AI?

Let's get a solid understanding of what AI actually is before we jump to conclusions and freak out that it will one day steal your job.

Overview of AI ...

Artificial Intelligence (AI) has emerged as one of the biggest technological leaps forward in human history, j*ust ask Elon Musk!*
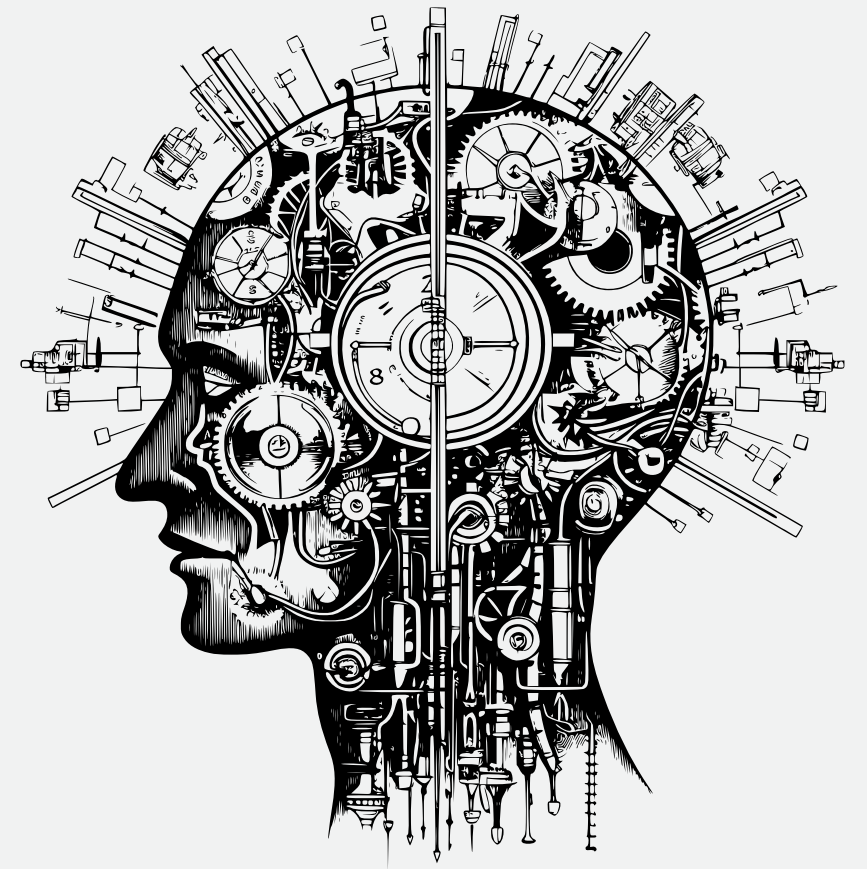
Definition: AI is technology that enables computers and machines to simulate human learning, comprehension, problem solving, decision making, creativity and autonomy.

Whether you like it or not, it is here to stay. Most teachers are using it and most students are using it. Depending on which data set you look at, an estimated 50% of students have or are using AI regularly. But most of them are using it wrong. We should be teaching students how to use it in the **LEARNING PROCESS** not the **ASSESSMENT PROCESS**. Anyone can ask ChatGPT to generate a biomechanical analysis of a soccer kick in 30 seconds. But how does that help learning? However, asking ChatGPT to tutor you, explain concepts and give personalised feedback on your learning IS good. This is what we should be aiming for; a learning liaison not a plagiarising partner.

But what about teachers? The rules don't apply to us! You should 100% be using it! Why? It will help you produce better teaching with less work: guaranteed. ChatGPT is the big player right now and is good but not super beginner-friendly; if you get slightly off track it is difficult to end up with something useful. So, to make life *even* easier for you, PE Buddy created ChatGPE: our PE-specific AI tool. It is designed to guide you through the process and help produce personalised resources to suit your individual needs and curriculum! Watch it in action or try it free!

And here are some more AI resources to help you:

- **AI for PE Teachers website**

- **AI for PE Teachers webinar**

- **ChatGPT for PE Teachers online course**

- **ChatGPE: our PE-specific AI tool** (**free trial** or **70% off Plan with code EBOOKDISCOUNT**)

- **ChatGPE videos**

Myth-busters!

Now, there are plenty of myths going around about AI (ever seen iRobot?) but most of them are simply not true. With any new and edgy technology comes and inevitable hesitation and caution. This is a good thing! So if you're on the fence about AI, that's ok! But sooner or later you're going to have to pick a side to fall onto. To help you make your decision, here is a bit more information about what AI actually is.
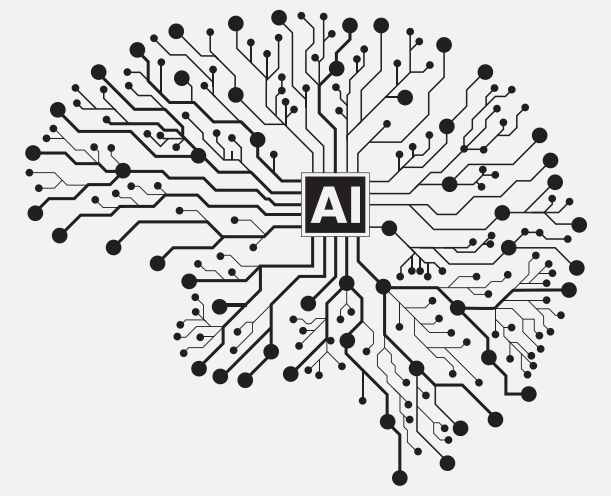
What AI Is:

- Your 24/7 Personal Assistant: AI is like having an all-knowing helper that works tirelessly to handle repetitive tasks. Need a lesson plan, data analysis, or admin support? AI's got your back.

- A Time-Saver: By automating routine tasks, AI frees up hours of your week—time better spent engaging with students or recharging your batteries.

- A Quality Booster: AI helps you create polished lessons and resources, enabling you to teach with greater impact.

- A Stress-Reliever: It reduces the overwhelm of endless to-dos, allowing you to focus on what you love most about teaching.

What AI Is Not:

- A Mind Reader: If you give AI a vague request, it'll return vague or unhelpful results. The quality of its output depends entirely on the quality of your input (more on that shortly).

- 100% Accurate: AI is powerful, but it isn't perfect. It occasionally makes mistakes, so double-check its work to ensure accuracy. Watch this hilarious video as proof.

- A Replacement for Teachers: AI cannot replicate the human connection, intuition, or relationships that make great teaching possible. You are irreplaceable in the classroom.

So, as a PE Teacher in 2025 moving forward, we should be looking at AI for what it is .. a HUGE game-changing tool that can help us teach better PE with less work. The important thing to note is that you are still the boss! AI will never replace you, only help you. It is pretty much Google on steroids.

Different Types of AI

Now, AI is a pretty broad definition and there are actually many different types. Each one has their pros and cons and will suit different people for different tasks. Basically, you can categorise them into open, integrated and guided. Check them out:

1. Open AI
Like a blank canvas that puts you in control!
Examples: ChatGPT
- What It Does: Handles a variety of tasks like brainstorming lesson ideas, creating unit plans, or explaining complex topics.
- Pros: Highly adaptable; no specialized tools needed.
- Cons: Requires detailed prompts; may need significant editing for accuracy and relevance.

2. Integrated AI
The online tools and platforms you are already using are probably starting to add in AI features.
Examples: Magic Write (Canva), Google Docs AI
- What It Does: Enhances productivity within specific platforms by automating tasks like designing posters, proofreading, or summarizing text.
- Pros: Easy to use; boosts efficiency within familiar tools.
- Cons: Limited to platform-specific features; lacks broader customization.

3. Guided AI
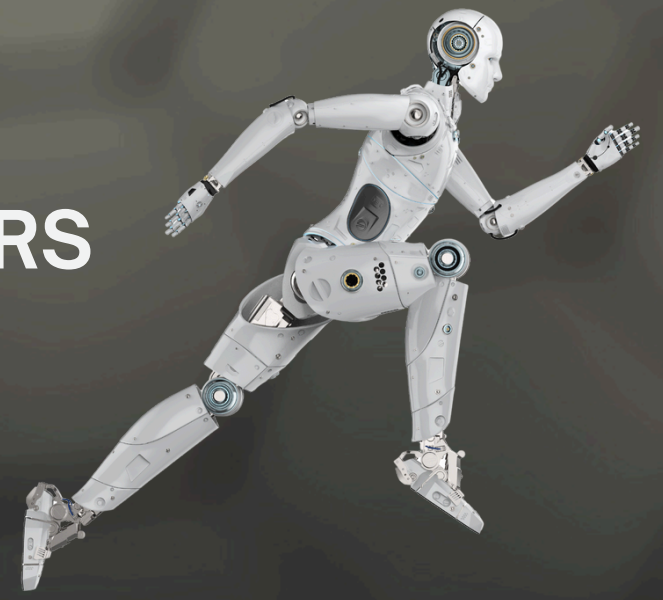The best option for beginners or people wanting personalised results.
Examples: ChatGPE (PE Buddy's PE-specific tool)
- What It Does: Tailored for PE tasks like creating rubrics, unit plans, or breaking down skills into student-friendly language.
- Pros: Highly relevant to PE; minimal learning curve.
- Cons: Focused on PE-related tasks; not suitable for broader applications.

Which one is right for you? That's really up to you! PE Buddy's ChatGPE is probably the best for PE Teachers as it is specifically designed to create customised resources and be incredibly easy to use. Canva and other integrated options are a great choice if you are already using and familiar with the platform. ChatGPE is the OG, and is constantly improving but can be very generic and needs specialised prompts to work well.

ACTION STEP: Pick ONE of the AI tools above and try it right now. See how long it takes you to create a lesson plan for the next lesson you need to teach. (free 7-day ChatGPE trial or 70% off Plan with code EBOOKDISCOUNT)

CHAPTER 3

Where can AI be used?

Learn where AI can help make life easier for PE Teachers in a practical way, saving your time and energy for the things that really matter!

Where can PE Teachers practically use AI?

Now, you're probably thinking something like this:

"Yes, AI sounds cool. But where can it actually be used to help me as a PE Teacher?"

Great question! Here's exactly how I've been using AI for years and some other tried and tested ways to help:

Designing Curriculum-Aligned PE Documentation
AI excels at creating comprehensive unit plans that are age-appropriate and curriculum-focused (90% faster than you can!):
- <u>Scope and Sequences:</u> plan out you whole year in seconds! This is especially useful if you have new or updated curriculum. This is the foundation of any good quality PE program. So getting it right is a must!
- <u>Unit Plans:</u> next up is unit plans for each major unit covered in your scope and sequence. This is where AI shines. A few detailed prompts and you'll have something better than you could do in way less time.
- <u>Lesson Plans:</u> this is where the rubber hits the road! AI can do this in literally 10 seconds! Every PE Teacher should have a lesson plan for every lesson, period.

Creating Tailored Assessments and Rubrics
Assessments are critical for tracking progress and providing feedback. AI can help PE teachers create detailed, skill-specific rubrics and assessments that align with curriculum objectives:
- <u>Skill-Specific Rubrics:</u> For example, when assessing basketball technique, AI can generate a rubric that breaks down key components like dribbling, shooting form, defensive positioning, and teamwork. Each criterion can be graded on a performance scale, with detailed descriptors for each level.
- <u>Assessments:</u> create a quiz, project or exam in seconds! We should always measure, never guess!

Brainstorming and Problem-Solving
PE teachers often need quick, creative solutions for unexpected challenges. Weather changes, equipment's gone missing, students away sick. AI can be an invaluable brainstorming partner:
- <u>Rainy Day Activities</u>: Imagine it's raining, and your equipment includes three soccer balls, one tennis ball, and four hoops. AI can suggest games and drills like "Soccer Golf," "Target Hoops," or "Tennis Relay."
- <u>Incorporating Limited Equipment:</u> AI can design lessons that use minimal resources, helping teachers adapt to any situation without compromising the quality of their class.
- <u>Adapt and Go:</u> copy and paste your original lesson plan into AI and ask it to change it to suit your new needs.

Streamlining Daily Admin Tasks

Administrative duties can drain a PE teacher's time and energy. AI offers practical solutions to make these tasks more efficient:

- <u>Email Proofreading</u>: Before sending a message to parents or colleagues, AI tools like Grammarly or ChatGPT can check for grammar, spelling, and tone to ensure professionalism.
- <u>Drafting Parent Letters</u>: AI can help draft letters for excursions, sports carnivals, or updates on student progress, providing a polished starting point that can be customised.
- <u>Report Writing</u>: Input student data into AI, and it can generate detailed, personalized comments for report cards. These can be edited for accuracy and tone, saving time while maintaining a high standard.

Developing Resources for Student Engagement

PE teachers need a toolbox of resources that can be used year after year. AI can help create:

- <u>Interactive Charts and Trackers</u>: Fitness trackers, goal-setting templates, or performance charts personalised to each student.
- <u>Visual Aids:</u> AI can design presentations or infographics on topics like the cardiovascular system, the benefits of physical activity, or key strategies in team sports.
- <u>Games and Drills:</u> Suggest fun, skill-focused games for sports units, tailored to the abilities and interests of the class.

These resources enhance the learning experience and ensure students stay engaged and motivated.

Building Capacity for Meaningful PE

The ultimate goal of using AI is to free up time and mental energy for impactful teaching. With routine tasks streamlined, PE teachers can:
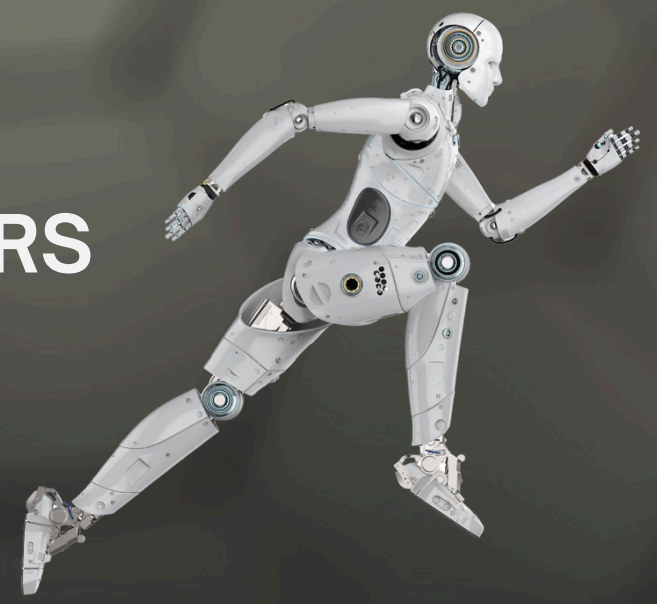
- Spend more time on the field coaching students.
- Focus on building relationships and fostering teamwork.
- Develop innovative lessons that inspire a lifelong love of movement and fitness.

AI is a partner, not a replacement!

AI is a powerful ally in the PE teacher's toolkit, but it's important to remember that teachers remain the professionals in control. AI can assist with planning, documentation, and problem-solving, but it cannot replace the personal touch, intuition, and passion that teachers bring to their work.

By embracing AI thoughtfully and strategically, PE teachers can elevate their practice, build respect for their discipline, and create a sustainable, fulfilling career. With AI as a partner, teaching PE can be more effective, efficient, and enjoyable than ever before.

ACTION STEP: Get your calculator out and figure out how much time you roughly spend planning and creating resources each week, then multiply that by 40. This is roughly how much time AI could potentially save you each year!

CHAPTER 4

When can A.I be used?

Timing is key! Once you've learnt the basics of AI, then it is time to put it into pracrice and embed it into your teaching routines.

CHAPTER 4 - WHEN CAN AI BE USED?

So when is the best time to use AI? The answer will depend on many factors but in general there are 3 great times to utilise AI: at the beginning of the year/unit to help with planning, at the end of the year/unit to help with assessment and reporting and then every day in between!

1. Start-of-Year/Unit Planning

Planning sets the foundation for a successful year or unit. AI can be instrumental in crafting curriculum-aligned, engaging, and well-structured plans in less time:

Curriculum Mapping
AI can help PE teachers create detailed scope and sequences, unit plans, and lesson plans aligned with the curriculum. For example:
- Scope and Sequence: AI can generate a year-long overview that ensures students progress in motor skills, game tactics, and health knowledge.
- Unit Planning: For a basketball unit, AI can outline weeks of lessons, incorporating skill-building drills, small-sided games, and strategies for teamwork.
- Lesson Customisation: AI can adapt lessons to suit different age groups or abilities, offering alternative activities for diverse student needs.

Resource Creation
AI can generate instructional resources that enhance teaching:
- PowerPoint Slides: Visual aids on biomechanics, game rules, or fitness principles.
- Worksheets and Handouts: Age-appropriate materials on topics like nutrition, exercise benefits, or injury prevention.
- Drill and Activity Ideas: AI can provide drills for sports like soccer or volleyball, or create inclusive games for students with varying abilities.

2. Assessment and Report Writing

Assessment and reporting are essential for tracking student progress and communicating outcomes. AI can help streamline these processes, making them more efficient and consistent.

Assessment Creation
AI can generate rubrics, quizzes, and projects tailored to specific units:
- Rubrics for Skill Assessment: For example, a rubric assessing volleyball skills might include criteria for serving technique, passing accuracy, and game awareness, with clear performance descriptors.
- Tests, quizzes and exams: AI can generate high-quality assessments based on exactly what you taught. Copy and paste your content descriptors, achievement standards or even textbook pages and AI will turn it into a useable assessment.

Feedback Generation
Providing meaningful feedback can be time-intensive. AI can generate personalized comments based on student performance, which teachers can then refine. For instance:
- "Great effort on your dribbling technique! Focus on keeping the ball closer to your body to improve control during games."

Report Writing
When writing reports for large classes, AI can save hours:
- Input student data into AI, such as assessment scores or anecdotal notes.
- AI generates detailed, individualized comments.
- Teachers review and personalize to ensure accuracy and relevance.

This allows teachers to produce high-quality reports without sacrificing personal touch or spending countless hours writing.

3. Daily Use
Day-to-day teaching often involves challenges that require quick thinking and adaptability. AI can provide practical support for these daily tasks.

Activity Brainstorming
AI can suggest creative activities based on available resources. For example, if equipment is limited to cones, a tennis ball, and a whistle, AI can brainstorm activities that build agility, coordination, and teamwork.
By using AI for planning, PE teachers can focus on delivering high-quality, engaging lessons while ensuring their plans meet curriculum standards.

Email and Communication Assistance
AI tools like Grammarly or ChatGPT can help draft and proofread emails to parents, colleagues, or administrators. For instance, a message about an upcoming sports carnival can be written clearly and professionally in minutes.

Ongoing Feedback
During lessons, AI-powered apps can analyze student performance and offer real-time feedback. For example, wearable fitness trackers synced to an AI platform can provide data on heart rates or activity levels, which teachers can use to guide instruction.
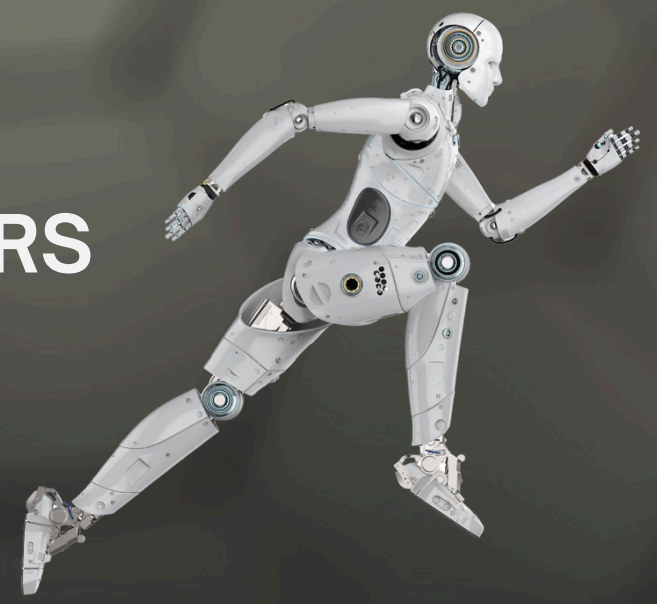Quick Resource Development
AI can assist with creating resources on the fly, such as:
- Modified game rules for a specific class.
- Visual aids for explaining concepts like heart rate zones.
- Handouts summarising key points from a fitness unit.

AI is a versatile partner for PE teachers, offering practical solutions to both large-scale planning and everyday challenges. By using AI for start-of-year or unit planning, assessment and report writing, and daily tasks, PE teachers can save time, reduce stress, and enhance the quality of their teaching. While AI cannot replace the human connection and expertise that teachers bring to the classroom, it can empower educators to focus on what they do best—engaging students, fostering a love for movement, and helping every learner achieve their full potential.

ACTION STEP: Go to ChatGPE or ChatGPT right now and copy and paste this then insert your own information:

Create a [resource] about [insert topic] for year [insert year level] based on [insert curriculum]

CHAPTER 5

How do I get started with AI?

Ok, so ideas in and of themselves have no value, no matter how great they are. Their value is found only in their execution! That is a fancy way of saying that you need to put all that you've learn into action. Now.

How to get started with AI.

Just like organising an athletics carnival, putting together new equipment or introducing a new sport, you need to plan of attack to ensure success. The most common narrative for people trying AI is this: resist, give in, try, be disappointed, never try again. But you're better than this, you're reading an eBook! Here's a safe and fail proof guide to beginning your journey into AI or taking it to the next level:

1. FOLLOW NIKE'S LEAD: JUST DO IT!

Enough excuses, just give it a go. The best way to learn is to dive right in and see what happens. Check out ChatGPT or ChatGPE (free 7-day trial or 70% off Plan with code EBOOKDISCOUNT) right now and have a play. If you're unsure of where to start, copy and paste this:
Create a 60-minute lesson plan for soccer for year 7's based on the [insert your curriculum here].

2. MASTER THE BASICS

'Become brilliant at the basics' is a concept that almost guarantees success in any endeavour, including AI! Learn how to prompt, refine and produce high-quality results from a variety of AI tools to see which one is best for you. Like any new skill, be patient! There are many methods but we love this one:

1. **Plan:** think about what you want before you start using AI.
2. **Prompt:** give your prompt a role, goal, restrictions and format to ensure a quality result. Keep refining the results until you are 100% happy.
3. **Produce**: download, export or copy and paste your results into something useful like a Word Doc or your online management system.

Learn this process with this online course

3. WATCH TO LEARN

If you're anything like me, a visual learning, then watching how to do it can teach you pretty much anything. PE Buddy has put together a heap of step-by-step tutorial videos for several different AI tools with some specific topics like creating lesson plans, unit plans, assessments or ideas.

Check out this playlist!

4. PRACTICE!

As previously mentioned, most people's introduction into AI looks something like this: avoid it, try it, be disappointed, ignore it. Forget that, invest intentional time and effort into practising this because it will change your teaching! Trust me, it will be worth it.

5. DO IT IN COMMUNITY!

Teamwork makes the dream work, right? Find people in your network that are interested in AI. Bounce questions, try things together or do some PD's together. And make sure you join the discussion in our Facebook group or chat.

Summary of the good stuff

As a PE Teacher, our ultimate goal should be **EFFICIENCY**: to deliver the best possible Physical Education program with the least possible time, effort, and stress. Why? A happy teacher is a good teacher, and a good teacher is a sustainable teacher. You should aspire to NEVER work at home during your own, unpaid nights, weekends, and holidays. Achieve this by sourcing resources (don't make them yourself!), leveraging AI, and setting boundaries during school hours to get all your admin done to set yourself up for success (planning, preparation, marking, etc). You are a teaching contractor, not an employee.
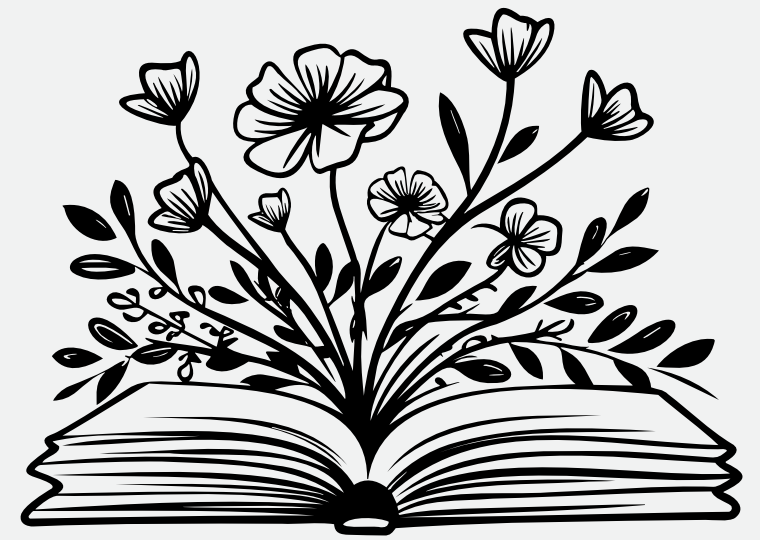
Here are the 10 final thoughts:

- *HAVE AN OPEN MIND TO AI*

- *LIKE ANY NEW TECHNOLOGY, THERE IS CAUTION BEFORE ACCEPTANCE*

- *WE SHOULD ALWAYS LOOK FOR WAYS TO DO THE BASICS BETTER*

- *AI USE IS A SKILL THAT NEEDS TO BE LEARNT TO BE EFFECTIVE*

- *AI WILL ONLY GET YOU 80% OF THE WAY*

- *AI IS A PARTNER OR PERSONAL ASSISTANT, YOU ARE THE BOSS*

- *AI OFFERS THE ABILITY TO RECLAIM PRECIOUS TIME BACK*

- *AI WILL BECOME PART OF EVERY DAY LIFE VERY SOON*

- *FIND AN AI TOOL THAT YOU LIKE AND MASTER THAT*

- *HAVE FUN WITH IT!*

And there you have it, that's all folks! I truly hope you found some value in this eBook. We'd love to hear what you thought of it here in order to make it even more useful. Our goal is to get this eBook into the hands of 1000 PE Teachers around the world! How can you help? Well, if you enjoyed it PLEASE pay it forward by sending this link to any other PE Teachers at your school or in your network. Our goal at PE Buddy is to make your life easier and help you teach better PE with less work, so make sure to check out www.onlinepebuddy.com for lesson plans, resources, videos, online courses, PE ideas, articles and more!

Yours, for the good of PE, now and into the future,

- Jamie De Smit: PE Buddy Founder

Glossary of resources

- **AI FOR PE TEACHERS WEBSITE**

- **FREE WEBINAR**

- **250+ YOUTUBE VIDEOS**

- **FREE LESSON PLANS**

- **FREE SHARED RESOURCE DRIVE**

- **VIP RESOURCE DRIVE (GET 50% OFF WITH CODE FREE50)**

- **PE RESOURCE BUNDLES (GET 50% OFF WITH CODE RESOURCE50)**

- **FREE 7-DAY TRIAL OF CHATGPE (GET 70% OFF WITH CODE EBOOKDISCOUNT)**

- **INDIVIDUAL RESOURCES (GET 30% OFF ON WEBSITE)**

- **FREE TPT RESOURCES**

- **FUN ONLINE ANATOMY GAMES**

- **MORE FUN ONLINE ANATOMY GAMES**

- **FREE ARTICLES**

- **PE BUDDY WEBSITE**

- **PE IDEAS (ALL INCLUDED IN MEMBERSHIP)**

- **TIKTOK PE IDEAS**

- **ARTIFICIAL INTELLIGENCE ARTICLES**

- **ONLINE COURSES**

- **PE JOURNALS FOR STUDENTS**

- **MORE ABOUT PE BUDDY**

www.onlinepebuddy.com

AI for Physical Education Teachers

The **why, what, when, where** and **how** of using AI that every PE Teacher should know to teach better PE with less work!